

PRODUCT INFORMATION

See also www.organic.nl

Product	Precooked Organic Quinoa (Chenopodium Quinoa)
Code	10174
Country of origin	Peru
Last update	13-03-18
Issue Date	13-03-18
This product is	Organic and not genetically modified or irradiated

Production	
Ingredients	Organic quinoa
Additives	No additives
Process	Cleaning, washing (removing of saponin, cooking, drying, cooling, metal detection, packing.

Sensorial properties	
Smell	Product specific, fresh
Colour	Golden
Taste	Product specific, slightly sweet
Appearance	Flat round seed

Packing			
Net content	22 kg		
Kind of packing	Paper bag		
Packing size (L x W x H)			
Packing/layer		Layers/pallet	

Shelflife	
Storage conditions	Cool, dry and dark
Maximum shelflife	18 months with proper packaging and storage

Nutritional values (per 100 gram) (from supplier/USDA National Nutrient Database)		
Energy	1539 KJ 378 Kcal	
Protein (g)	14.4	
Fat (g) fro USDA National Nutrient Database	5.2	Saturated: 0.5 Mono-unsaturated: Poly-unsaturated:
Carbohydrates (g)	68.4	Sugar: 0
Dietary fibre (g)	2.4	
Moisture (g)	Max 13	
Salt	0,0125	
Mineral (mg) from USDA National Nutrient Database	Calcium (Ca): Iron (Fe): Potassium(K): Sodium(Na) : 5	Zinc (Zn): Phosphor (P): Magnesium (Mg):

Analytical properties	
Ash (%)	App 2.5
Purity	99.95%
Saponin	absent

Microbiological Properties (indicative)	
Total Plate Count (cfu/g)	< 100.000
Yeast (cfu/g)	< 1.000
Moulds (cfu/g)	< 1.000
E. Coli (cfu/g)	< 10
Salmonella (cfu/25g)	Absent
Mycotoxins	In accordance with EC legislation 1881/2006; 1126/2007; 165/2010

Allergy list (+ = present, - = absent and ? = unknown * possible cross contamination)		
Cow's milk protein	-	Peanuts/groundnuts (-derivatives)
Lactose or milk sugar	-	Peanutoil
(Chicken) egg	-	Sesame
Soya protein (-derivatives)	-	Sesame-oil
Soya oil	-	Glutamate (added E620-E625)
Gluten	-	Sulfite (E220-E228)
Wheat	-	Benzoic acid/Parabens (E210-E213)
Rye	-	Azo-colours E102, E110, E122, E123, E124, E128, E129, E151, E154, E155
Beef (-derivatives)	-	Tartrazine (E102)
Pork (-derivatives)	-	Cinnamon
Chicken (-derivatives)	-	Vanillin
Fish	-	Coriander
Shell-fish	-	Celery
Corn /Maize (-derivatives)	-	Umbelliferae
Cocoa	-	Carrot
Yeast	-	Lupine
Pulses	-	Mustard
Nuts (-derivates)	-	Mollusc (- derivates)
Nut-oil	-	

Acceptable for:	
Vegetarians	Yes
Vegans	Yes
Lacto-vegetarians	Yes
Kosher-certified	No
Halal-certified	No
NOP-certified	Yes
Ecososial-certified	No

Use	Ideal I nthe preparation of soups, creams, stwes, salads and various dishes in the background
Instructions	Boil 1 cup of water, then pour 1 cup of quinoa precooked and boil for 2 minutes. Remove and let stand in the covered container for 5 minutes and serve. For microwave use, put 1 cup of water together with 1 cup of precooked quinoa in a suitable container for 2 minutes, remove and let stand in the covered container for 5 minutes and serve